



**INDIRA GANDHI NATIONAL OPEN UNIVERSITY  
REGIONAL CENTRE BHOPAL**

**(Time Table for Master of Science in Counselling and Family Therapy (MSCCFT) & Post Graduate Diploma in Counselling and Family Therapy (PGDCFT) Programme)  
Academic Session JULY, 2022**

**MCFT-002: Mental Health & Disorders**

Online Link: <https://meet.google.com/hnd-czmh-ows>

Session	Date	Timing		Session No	Topic to be covered (Block/Unit)	Counsellor
		From	To			
Theory Counselling	07/02/2023	10.30 am	11.30 am	I	Block – I: Introduction to Health & Disorders (Unit – 1, 2, 3 & 4)	Dr. Jagmeet Kaur Chawla
	14/02/2023	10.30 am	11.30 am	II	Block – I: Introduction to Health & Disorders (Unit – 5 & 6) Block – II: Mental Disorders - I (Unit – 7 & 8)	
	21/02/2023	10.30 am	11.30 am	III	Block – II: Mental Disorders - I (Unit – 9 & 10) Block – III: Mental Disorders - II (Unit – 11 & 12)	
	28/02/2023	10.30 am	11.30 am	IV	Block – III: Mental Disorders - II (Unit – 13 & 14) Block – IV: Persons with Disabilities (Unit – 15 & 16)	
	07/03/2023	10.30 am	11.30 am	V	Block – IV: Persons with Disabilities (Unit – 17, 18 & 19)	

**Sd/-**

(Dr. Subash Ranjan Nayak)

Assistant Regional Director, IGNOU RC Bhopal



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**MCFT-003: Counselling and Family Therapy: Basic Concepts and Theoretical Perspectives**

Online Link: <https://meet.google.com/wsi-ubvf-dnk>

Session	Date	Timing		Session No	Topic to be covered (Block/Unit)	Counsellor
		From	To			
Theory Counselling	01/02/2023	07:00 PM	09:00 PM	I	Block - I: Introduction to Counselling and Family Therapy (Unit – 1, 2, 3 & 4)	Dr. Nidhi Sahu
	03/02/2023	07:00 PM	09:00 PM	II	Block – II: Schools of Counselling (Unit – 5, 6, 7 & 8)	
	04/02/2023	07:00 PM	09:00 PM	III	Block – III: Schools of Family Therapy (Unit – 9, 10, 11 & 12)	
	05/02/2023	07:00 PM	09:00 PM	IV	Block – III: Schools of Family Therapy (Unit – 13) Block – IV: Modalities of Counselling and Family Therapy (Unit – 14, 15 & 16)	
	06/02/2023	07:00 PM	09:00 PM	V	Block – IV: Modalities of Counselling and Family Therapy (Unit – 17 & 18)	

**Sd/-**

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**Academic Session JULY, 2022**

**MCFT-004: Counselling and Family Therapy: Applied Aspects**

Online Link: <https://meet.google.com/ryc-vsor-pnu>

Session	Date	Timing		Session No	Topic to be covered (Block/Unit)	Counsellor
		From	To			
Theory Counselling	29/01/2023	09:00 AM	11:00 AM	I	Block - I: Professional Issues in Counselling and Family Therapy (Unit – 1, 2, 3 & 4)	Dr. Rakhee Varma
	05/02/2023	09:00 AM	11:00 AM	II	Block – II: Practical Aspects of Counselling and Family Therapy – I (Unit – 5, 6, 7 & 8)	
	12/02/2023	09:00 AM	11:00 AM	III	Block – II: Practical Aspects of Counselling and Family Therapy – I (Unit – 9) Block – III: Practical Aspects of Counselling and Family Therapy – II (Unit – 10, 11 & 12)	
	19/02/2023	09:00 AM	11:00 AM	IV	Block – III: Practical Aspects of Counselling and Family Therapy – II (Unit – 13 & 14) Block – IV: Processes of Counselling and Family Therapy (Unit – 15 & 16)	
	26/02/2023	09:00 AM	11:00 AM	V	Block – IV: Processes of Counselling and Family Therapy (Unit – 17 & 18)	

**Sd/-**

(Dr. Subash Ranjan Nayak)  
Assistant Regional Director, IGNOU RC Bhopal